

## The East Side Flyer

# www.eastsidefire.com January 2020



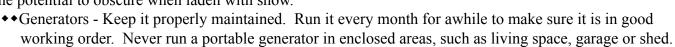
Jo Moncrief, ESFD Community Relations Officer

### HAPPY NEW YEAR!

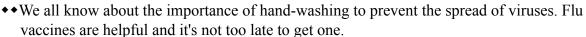
If 2019 taught us anything about local weather, it's that we don't know anything about it. I think that by the end of January, most of us let out a sigh of relief, pretty sure that we had just enjoyed a mild winter, only to have February get us back for being so confident.

As we begin 2020, let's try to be prepared for whatever winter brings our way.

- ••If there is a fire hydrant on your road or near your home, please keep it clear from snow, 3 feet on all sides, to enable fire suppression personnel quick access.
- ◆◆Make sure your address marker is easily visible. Trim branches that obscure markers and those that have the potential to obscure when laden with snow.



••Keep your pantry stocked in the event of a major storm that makes traveling for supplies unsafe or undesirable.



## New Year's resolutions that are easy keep

◆◆Learn CPR - It only takes a few hours of your life, but it might save the life of someone close to you: a parent, spouse, sibling, child, or friend. Call the Arrow Point Station to find out about a CPR Class. (208) 769-4269



- ◆◆Adopt a healthy outlook Swap out a not-so-healthy food choice for a more healthy one: swap soda for water, fries for a salad or fruit. Integrate exercise in your daily activities: walk to your mailbox, for example. Small changes can be effective.
- ◆◆Embrace generosity Go out of your way for someone who seemingly has nothing to offer you: return a shopping cart for someone, help an older person who is loading their car with heavy items, perform random acts of kindness.



Thanks to East Side Fire Volunteers who donated \$435 and several boxes and bags of nonperishable food items to Harrison Food Bank this December.



Please join us in thanking Kathy Flint for her dedication and commitment to ESFD these past 20 years. We wish her all the best as she begins this next chapter of her life....retirement.

## Wait, I know this....



Who can attend Fire Commissioner meetings?

- A. Only ESFD Volunteers may attend
- B. Only ESFD Officers may attend
- C. No one may attend, other than the Commissioners
- D. Anyone may attend



Answer: C. 17 - 3 Engines, 3 Brush Trucks, 3 Tenders, 2 QRUs (Quick Response Unit), 1 Rescue Vehicle, 2 GMC Command Trucks, Fire Boat, Fire Inspector Vehicle, Delaney Engine

